



CHH. SHAHU INSTITUTE OF BUSINESS EDUCATION & RESEARCH TRUST'S
COLLEGE OF NON-CONVENTIONAL VOCATIONAL COURSES FOR WOMEN

University Road, Kolhapur – 416 004

(Affiliated to Shivaji University, Kolhapur, Maharashtra, India)

Accredited by NAAC with B++ Grade (2.97 CGPA 4th Cycle)

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Prof. Dr. A. D. SHINDE
Founder

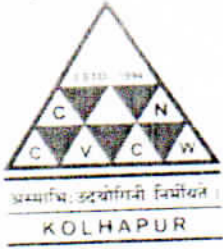
Dr. R. A. SHINDE
Secretary & Managing Trustee

3.4.1 Extension activities are carried out in the neighborhood community, sensitizing students to social issues for their holistic development and impact thereof during the year 2023-24.

Sr. No.	Name of the activities	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
1	Awareness on Health and Nutrition in Society	Food Technology	Social Outreach Activity	2023-24	56
2	Lord Ganesh Visarjan	NSS / Department of Environment Science	Awareness Programme	2023-24	40




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SOCIAL OUTREACH ACTIVITY REPORT

Name of Event/ Activity- Social Outreach Activity- Awareness on Health and Nutrition in Society.

Organizing Department/ Committee- Department of Food Technology

DATE: 08/09/2023

Objective (s)-

1. To educate people about the balanced diet.
2. To raise and spread nutritional and health awareness in the society.
3. To connect academics and society for improved nutritional and health knowledge
4. To develop skills in culinary art for better enrichment of nutrients.

Description-

On the occasion of National Nutrition Week and Poshan Maah, The Department of Food Technology has initiated Social Outreach Program for Anganwadi Preschool children and their Parents. The main aim of this activity is to create awareness of Health and Nutrition among the rural Community. Mrs. Shweta Patil, HOD of the Food Technology Department briefed about the National Nutrition Week and Poshan Maah and its importance. M.Sc. FSN II students performed a skit based on the awareness of Health and Nutrition among preschool children. Mrs. Yogita Mirajkar, Assit. Prof. Food Technology Department briefed about the balancing diet using the Food pyramid and also explained the concept of My plate.

Target Group – Preschool children and their Parents

Number of Participants- 39 (Parents + Anganwadi Sevikas) + M.Sc. FSN II students 17

Outcomes (s)-

1. Parents have gained knowledge about a balanced diet.
2. The outreach activity was able to spread scientific knowledge of nutrition and health-related issues.
3. Community-based research enabled to critically analyse the problem and provide community-based solutions.
4. Different concepts like Food pyramid and balanced diet were cleared to the parents.

Name and Signature Head of Department/ Committee Coordinator-

Mrs. Yogita R. Mirajkar

Assistant Professor

Yogita



Tatit

Principal

College of Non-Conventional

Photos of the event/ activity-



Mrs. Shweta Patil briefed about National Nutrition Week and Poshan Maah



Kolhapur, Maharashtra, India
Shivaji, University Staff Quarters, near Cslber Chowk, Shivaji University Kolhapur,
Vidya Nagar, Kolhapur, Maharashtra 416004, India
Lat 16.687715°
Long 74.253481°
08/09/23 01:17 PM GMT +05:30

Students of M.Sc. (FSN) II performing Skit on Awareness on Health and Nutrition





Mrs. Yogita Mirajkar briefed about Balanced diet



Participants and faculty Mrs. Shweta A. Patil and Mrs. Yogita R. Mirajkar and Students at Shahunagar Anganwadi, Kolhapur.



क्र.	नाव	मही
१)	श्रीमती गुरुप्रसाद खडसे वंशी (खडसेवाअसक)	खडसेवाअसक
२)	मायरा विशाल कोठावळे, निधी विशाल कोठावळे	Nidhi.K
३)	शाबिरा सगीर मुल्का, - (आई)	S.S-mulla
४)	सुमेली दस्तगीर मुल्का,	S.D - mulla
५)	नंदिनी स्वप्न पाटील	N.S. Patil S.M.S
६)	सुमन साळवे	
७)	अक्षता सचिन चौगुले	Bhargula.
८)	रुक्मिणी ओंकार चौगुले	RUKMI
९)	सुगंधा मनोजकुमार गुरखे	SMGurkhe
१०)	सौ. कमल सत्यपा कारवी	कारवी
११)	सौ. रोजाबाई भगवान कुडाडे	S.B.K.
१२)	नेहा सप्रदीप गोरखपुर	नेहा
१३)	मयुरी विजय दाभोडे	mr. DaBhde
१४)	सौ. माधुरी भगवान पोवार	POVAR
१५)	सौ. शिवाजी. बा. लिक्ष्मण गडे	शिवाजी
१६)	सौ. रुक्मिणी रविशंकर माने	R.R. mane.
१७)	सौ. शिल्पा प्रताप माने	spmane.
१८)	सौ. नेहा शाम कोरवी	HORAVI
१९)	सौ. जयंती अमिर्ता गवळी	जयंती अ. गवळी
२०)	NTW	
२१)	श्रीमती आर्जुन वडूर	Jyoti
२२)	ज्योती आकाश पोवार	
२३)	श्रीमती अक्षय इंगवळे	



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M.Sc. (FSN) II 2023-2024

Name of the Teacher:

Subject: Social Outreach Activity

Roll No.	Name of Student	Date	Time							Total
1	Bedage Supriya Ananda	08/09	12:30	ABU						
2	Dakare Nabha Raju			A						
3	Divase Shweta Sambhaji			S.S. Divase						
4	Doiphode Ekta Dnyaneshwar			Doiphode						
5	Ghotane Richa Ranjeet			R. Ghotane						
6	Jadhav Shweta Vishwas			Shweta Jadhav						
7	Jadhav Tejashri Tanaji			T. Jadhav						
8	Kaware Sayali Sudhir			S. Kaware						
9	Marulkar Geetanjali Sugandh			G. Marulkar						
10	Moghe Aarohi Laxmiprasad			A. Moghe						
11	Naikwadi Shraddha Milind			A						
12	Nigade Samruddhi Subhash			S. Nigade						
13	Parande Parhina Yasin			P. Parande						
14	Patil Sakshi Tanaji			S. Patil						
15	Patil Siddhi Maruti			S. Patil						
16	Pawar Priyanka Sambhaji			P. Pawar						
17	Phadnis Ketki Sanjay			K. Phadnis						
18	Potdar Aishwarya Nagesh			A. Potdar						
19	Powar Aishwarya Pandit			A						
20	Savardekar Nisha Vijay			N. Savardekar						
21										
22										
23										
24										
25										
26										
27										
28										
29										
30										
			Total	17						
Topic Covered										



Sign of Faculty

Head of Dept.



छत्रपती शाहू इन्स्टिट्यूट ऑफ बिझनेस एज्युकेशन अंड रिसर्च ट्रस्ट, संचालित

कॉलेज ऑफ नॉन कन्व्हेशनल व्होकेशनल कोर्सेस फॉर वूमन

विद्यापीठ रोड, कोल्हापूर ४१६००४ फोन नं- (०२३१) २५३५४०५

शिवाजी विद्यापीठ, कोल्हापूर संलग्नित

नॅक मानांकन-" बी++" श्रेणी

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प्रा. डॉ. ए डी शिंदे

संस्थापक

डॉ. आर. ए. शिंदे

सचिव व कार्यकारी विश्वस्त

Ref: CNCVCW/2023-24/139

Date: 28/08/2023

प्रति,

बाल विकास प्रकल्प अधिकारी,

कोल्हापूर.

विषय : अंगणवाडीत पोषण विषयक जनजागृतीपर सामाजिक कार्यशाळा आयोजित करणेबाबत.

महोदय,

आमच्या सायबर ट्रस्ट संचलित कॉलेज ऑफ नॉन कन्व्हेशनल व्होकेशनल कोर्सेस फॉर वूमन, कोल्हापूर येथे महिला सक्षमीकरणासाठी B.Sc. (Food Technology and Management), M.Sc. (Food Science and Nutrition), Post-Graduation Diploma in Nutrition & Dietetics हे अभ्यासक्रम चालवले जातात. आमचे महाविद्यालय हे महाराष्ट्र राज्य सरकार व शिवाजी विद्यापीठ, कोल्हापूर संलग्नित आहे.

अभ्यासक्रमाव्यतिरिक्त इतर बरेच उपक्रम राबविले जातात जसे की सकस आहार व आरोग्य या घटकामध्ये आरोग्य शिबीर राबविणे, महिलांचे आरोग्य सुदृढ व सुरक्षित होण्यासाठी अन्न सुरक्षा, सकस आहार व आरोग्य ई. विषयावर आमच्या महिला महाविद्यालयात आरोग्य शिबीर जनजागृती करण्याचा नेहमीच प्रयत्न असतो. त्यातीलच एक भाग म्हणून आमच्या फूड टेक्नॉलॉजी विभागातर्फे कोल्हापुरातील अंगणवाड्यांसाठी सामाजिक उपक्रम राबविण्याचा आमचा मानस आहे. निरोगी जीवनशैली टिकवून ठेवण्यासाठी निरोगी खाण्याच्या पद्धतीचे मूल्य आणि योग्य पोषणाच्या महत्त्वावर लक्ष केंद्रित करणे याबद्दल जागरूकता निर्माण करणे हा आमचा उद्देश आहे.

तरी सप्टेंबर 2023 च्या पहिल्या आठवड्यात, कोल्हापूरच्या अंगणवाड्यांमध्ये ही कार्यशाळा घेण्यासाठी आम्हाला परवानगी द्यावी ही विनंती.

कळावे,

आपला विश्वासू,


डॉ. ए. आर. कुलकर्णी

प्राचार्य

कॉलेज ऑफ नॉन कन्व्हेशनल

व्होकेशनल कोर्सेस फॉर वूमन कोल्हापूर




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ACTIVITY REPORT

Name of Event/ Activity - Lord Ganesha Visarjan.

Organizing Department/Committee- Department of Environment Science and NSS.

DATE: 23/09/2023

Objective (s)-

- Minimize water pollution caused by traditional Plaster of Paris (POP) idols and chemical paints.
- Encourage the use of eco-friendly idols made from clay or biodegradable materials.
- Promote natural decorations and eco-friendly dyes.
- Promote awareness campaigns highlighting the benefits of sustainable practices.
- Encourage collective efforts in adopting eco-friendly Visarjan alternatives, such as artificial water tanks or ponds.

Description-


Department of Environment Science and NSS organized lord Ganesh visarjan on 23rd September, 2023. Total 40 students participated from various departments including FTMIII-year, BA(DMFC) I- & II-year student, B.Sc. Environment Science II year student, BID II year. Students encourage collective efforts in adopting eco-friendly Visarjan alternatives, such as artificial water tanks. They also promote symbolic Visarjan practices, like immersing small idols.

Outcomes (s)-

1. Students learnt about implementation of eco-friendly practices.
2. Students also highlighting the benefits of sustainable practices.


 Program Co-ordinator




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Photographs of Activities

Visarjan of Lord Ganesha Idol by students



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Sr. No.	Name	Sign
1)	Sakshi Sanjay Patil.	S.S. Patil
2)	Vaishnavi Kusumalik Desai	V. Desai
3)	Shilpa Shashikant Salunkhe.	Salunkhe
4)	Rasika Baburao Patil	Patil
5)	Mane Sanskruti Govind	Mane
6)	Rajlaxmi Anil Bhandare	Bhandare
7)	Sakshi Sachin Thakur	Thakur
8)	Gayatri Sanjaykumar Patil	Patil
9)	Diksha Jitendra Desai	Desai
10)	Shruti Suhans Patil	Patil
11)	Ritika Rahul Durgule	Durgule
12)	Sameudhi Sanjay Chougale	Chougale
13)	Sadiya Feroz Mujawar	Mujawar
14)	Naziya Ansar Bhojkar	Bhojkar
15)	Samiksha Satyam Bachale	Bachale
16)	Vaishnavi Navanath Nalawade.	Nalawade
17)	Shraddha Vasudev Patil	Patil
18)	Earam Abdulgaffar Shaikh	Shaikh
19)	Radhika Anil Patil	Patil
20)	Arzati Baijirao Patil	Patil
21)	Piyusha Vilas Patil	Patil
22)	Jadhav Dhanashei Baijirao	Baijirao
23)	Salukhe Sakshi Sarjirao.	Salukhe
24)	Vaishnavi Vilas Rokade.	Rokade
25)	Aditi Ashok Parit	Parit
26)	Sonita Vishal Shinde.	Shinde



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